




Saint Oscar Romero Hub Lent Calendar

This is our Hub Lent Calendar. It is focused on Bishop Patrick's priorities of Encounter, Discipleship and Mission. Each week there is a theme, video, prayer, Bible story, action and reflection, with Scripture attached to each day from the readings of the day during Lent. Let's see what we can do this Lent to bring us closer to Jesus.

WEDNESDAY (26th)	THURSDAY (27th)	FRIDAY (28th)
<i>Ash Wednesday</i>	<i>Commemoration of Saints Margaret Clitherow, Anne Line, and Margaret Ward, Martyrs</i>	<i>Friday after Ash Wednesday</i>
VIDEO	LENT	PRAYER
<u>LINK:</u> Lent in 3 Minutes https://www.youtube.com/watch?v=Xo1mjuy1NA0		<u>THOUGHT:</u> Dear God, You invite us deeper into Your world, Your people, Your Lent. May this time be one of outward focus; seeking you in those we often ignore. Amen.
<u>SCRIPTURE:</u> <i>"have mercy on us, O Lord, for we have sinned"</i>	<u>SCRIPTURE:</u> <i>"happy the man who has placed his trust in the Lord"</i>	<u>SCRIPTURE:</u> <i>"a humbled contrite heart, O God, You will not spurn"</i>



THEME: *FORGIVENESS*

Forgiveness is something which we all want from others but something which is one of the hardest things to give to others. Jesus taught us all to forgive, it is one of the simple teachings of our faith - to forgive others. During Lent, we should try and show forgiveness more in our lives, as well as accepting forgiveness in the tough times.

MONDAY (2nd MARCH)	TUESDAY (3rd)	WEDNESDAY (4th)	THURSDAY (5th)	FRIDAY (6th)
<i>Monday of the 1st week of Lent</i>	<i>Tuesday of the 1st week of Lent</i>	<i>Wednesday of the 1st week of Lent</i>	<i>Thursday of the 1st week of Lent</i>	<i>Friday of the 1st week of Lent</i>
VIDEO	ENCOUNTER – <i>I love you</i>	DISCIPLESHIP – <i>I call you</i>	MISSION – <i>Get on with it</i>	REFLECTION
<u>LINK:</u> What is Forgiveness? https://www.youtube.com/watch?v=FFuHL6Izk6E	<u>PRAYER:</u> Dear God, I thank You for the power of forgiveness, and I choose to forgive everyone who has hurt me. Help set me free. Help me walk in Your path. I choose to be kind and compassionate, forgiving of others, just as You forgave me. Amen.	<u>SCRIPTURE:</u> <i>Read the story of:</i> The Parable of the Unforgiving Servant <i>(Matthew 18:21-35)</i> <i>What does this teach us about forgiveness?</i>	<u>ACTION:</u> <i>Say sorry to a person you have done wrong to.</i> Sorry if the one of the things that we all want to hear from others when they upset us, but it is one of the hardest things to say to another when we have done wrong.	<u>THOUGHT:</u> <i>How have you shown forgiveness this week?</i> Talk in class about how you have shown forgiveness.
<u>SCRIPTURE:</u> <i>"Your words are spirit, Lord, and they are life"</i>	<u>SCRIPTURE:</u> <i>"the Lord rescues the just in all their distress"</i>	<u>SCRIPTURE:</u> <i>"remember Your compassion, O Lord, and Your merciful love"</i>	<u>SCRIPTURE:</u> <i>"on the day I called, you answered me, O Lord"</i>	<u>SCRIPTURE:</u> <i>"if You, O Lord, should mark our guilt, Lord, who would survive?"</i>



THEME: PRAYER

Prayer is one of the most difficult things to do, but it is the most essential thing we need to do in order to give us the strength and courage to fight every day and follow Jesus every day. But it is too easy to forget to pray. During Lent, we need to give more moments to God to help us on our mission as disciples of Christ.

MONDAY (9th)	TUESDAY (10th)	WEDNESDAY (11th)	THURSDAY (12th)	FRIDAY (13th)
<i>Monday of the 2nd week of Lent</i>	<i>Tuesday of the 2nd week of Lent</i>	<i>Wednesday of the 2nd week of Lent</i>	<i>Thursday of the 2nd week of Lent</i>	<i>Friday of the 2nd week of Lent</i>
VIDEO	ENCOUNTER – <i>I love you</i>	DISCIPLESHIP – <i>I call you</i>	MISSION – <i>Get on with it</i>	REFLECTION
<u>LINK:</u> What is Prayer? https://www.youtube.com/watch?v=v6muRREUOU0	<u>PRAYER:</u> Dear God, Help me not to lean on my own understanding but in everything acknowledge You so that You can direct my words, thoughts and actions. Amen.	<u>SCRIPTURE:</u> <i>Read the story of:</i> Jesus Teaching about Prayer <i>(Matthew 6:5-15)</i> <i>What does this teach us about prayer?</i>	<u>ACTION:</u> <i>Pray for somebody you do know, somebody you don't know, and for yourself.</i> Praying is difficult, but that doesn't mean we shouldn't try, for ourselves and for others. Try and say a prayer for the intentions above.	<u>THOUGHT:</u> <i>Could you spend more time in prayer?</i> Talk in class about how and when you have prayed this week.
<u>SCRIPTURE:</u> <i>"do not treat us according to our sins, O Lord"</i>	<u>SCRIPTURE:</u> <i>"I will show God's salvation to the upright"</i>	<u>SCRIPTURE:</u> <i>"save me in Your love, O Lord"</i>	<u>SCRIPTURE:</u> <i>"test me, O God, and know my thoughts: lead me in the way everlasting"</i>	<u>SCRIPTURE:</u> <i>"remember the wonders the Lord has done"</i>



THEME: FASTING

Fasting is not just giving something up, it is giving up something that we enjoy so that we feel the element of sacrifice and replace that time and space and give it to God, whether that be through prayer or through good deeds. It is about giving more to others through God by making a personal sacrifice. During Lent, we need to show others how much they mean to us through the example of Jesus.

MONDAY (16th)	TUESDAY (17th)	WEDNESDAY (18th)	THURSDAY (19th)	FRIDAY (20th)
<i>Monday of the 3^d week of Lent</i>	<i>Saint Patrick, Bishop, Missionary</i>	<i>Wednesday of the 3^d week of Lent</i>	<i>Saint Joseph, husband of the Blessed Virgin Mary - Solemnity</i>	<i>Friday of the 3^d week of Lent</i>
VIDEO	ENCOUNTER – <i>I love you</i>	DISCIPLESHIP – <i>I call you</i>	MISSION – <i>Get on with it</i>	REFLECTION
<u>LINK:</u> Why Do We Fast in Lent? https://www.youtube.com/watch?v=cPGtnIDC9Hs	<u>PRAYER:</u> Dear God, I know how much You love me. It's hard for me to feel it sometimes, but I know Your love is always with me. Help me to use Your love as a way to persevere in my Lenten intentions. I can use these small sacrifices in my life to draw closer to you. Amen.	<u>SCRIPTURE:</u> <i>Read the story of:</i> Jesus Teaching about Fasting <i>(Matthew 6:16-18)</i> <i>What does this teach us about fasting?</i>	<u>ACTION:</u> <i>Give up something to do a good deed for another.</i> When we give up something, we have extra time and space to do something else. This is our opportunity to become closer to God through the other.	<u>THOUGHT:</u> <i>What have you given up and what have you done for others?</i> Talk in class about what you have given up and how you have used your time to help others.
<u>SCRIPTURE:</u> <i>"my soul is thirsting for God, the God of my life: when can I enter and see the face of God?"</i>	<u>SCRIPTURE:</u> <i>"proclaim the wonders of the Lord among all the peoples"</i>	<u>SCRIPTURE:</u> <i>"O praise the Lord, Jerusalem!"</i>	<u>SCRIPTURE:</u> <i>"His dynasty shall last for ever"</i>	<u>SCRIPTURE:</u> <i>"I am the Lord your God: listen to my warning"</i>



THEME: *ALMSGIVING*

Almsgiving is about giving something to another who is in need of that thing. This can be our time, money, food, possessions or sharing our talents. During Lent, we need to make sure that others are not without the things that they need.

MONDAY (23rd)	TUESDAY (24th)	WEDNESDAY (25th)	THURSDAY (26th)	FRIDAY (27th)
<i>Monday of the 4th week of Lent</i>	<i>Tuesday of the 4th week of Lent</i>	<i>The Annunciation of the Lord - Solemnity</i>	<i>Thursday of the 4th week of Lent</i>	<i>Friday of the 4th week of Lent</i>
VIDEO	ENCOUNTER – <i>I love you</i>	DISCIPLESHIP – <i>I call you</i>	MISSION – <i>Get on with it</i>	REFLECTION
<u>LINK:</u> What is Almsgiving? https://www.youtube.com/watch?v=yuEYR3xyUpk	<u>PRAYER:</u> Dear God, Create space in my life for more kindness, greater generosity and stronger compassion. Enlarge my heart with a spirit of gratitude this Lent, so that I recognise the simple gifts that lay in abundance all around me. Amen.	<u>SCRIPTURE:</u> <i>Read the story of:</i> Jesus teaching about Charity <i>(Matthew 6:1-4)</i> <i>What does this teach us about almsgiving?</i>	<u>ACTION:</u> <i>Give something to somebody who needs it.</i> Lent is not just about giving something up, it is about giving something to somebody who is in need. This is how we share the love of God around the world.	<u>THOUGHT:</u> <i>What have you given to somebody in need?</i> Talk in class about what you have given to another who was in need.
<u>SCRIPTURE:</u> <i>"I will praise You, Lord, You have rescued me"</i>	<u>SCRIPTURE:</u> <i>"the Lord of hosts is with us: the God of Jacob is our stronghold"</i>	<u>SCRIPTURE:</u> <i>"here I am Lord! I come to do Your will"</i>	<u>SCRIPTURE:</u> <i>"O Lord, remember me out of the love you have for your people"</i>	<u>SCRIPTURE:</u> <i>"the Lord is close to the broken hearted"</i>



THEME: *HOLY WEEK*

Holy Week is the greatest week in the liturgical year of the Church where we celebrate the Lord's Supper, the Lord's Passion and the Lord's Resurrection. Let us prepare together.

MONDAY (30th)	TUESDAY (31st)	WEDNESDAY (1st APRIL)	THURSDAY (2nd)	FRIDAY (3rd)
<i>Monday of the 5th week of Lent</i>	<i>Tuesday of the 5th week of Lent</i>	<i>Wednesday of the 5th week of Lent</i>	<i>Thursday of the 5th week of Lent</i>	<i>Friday of the 5th week of Lent</i>
VIDEO	ENCOUNTER – <i>I love you</i>	DISCIPLESHIP – <i>I call you</i>	MISSION – <i>Get on with it</i>	REFLECTION
<u>LINK:</u> Holy Week in Three Minutes https://www.youtube.com/watch?v=qdrPhxqRP9I	<u>PRAYER:</u> Dear God, Here I stand at the start of Holy Week, ready to walk down the road with you. Open my eyes that I may see Him coming, may praise Him with a pure heart, may walk in the way of His suffering, and share in His resurrection. Amen.	<u>SCRIPTURE:</u> <i>Read the story of:</i> Jesus Triumphant Entry into Jerusalem <i>(Matthew 21:1-11)</i> <i>What does this teach us about Holy Week?</i>	<u>ACTION:</u> <i>Give another person some flowers.</i> Just as palm leaves were laid down for Jesus on His entry into Jerusalem, we should also be joyful when we see others. Make someone feel welcome and give them some flowers.	<u>THOUGHT:</u> <i>How could you be closer to Jesus?</i> Talk in class about what you could do during Holy Week to become closer to Jesus.
<u>SCRIPTURE:</u> <i>"if I should walk in the valley of darkness, no evil would I fear"</i>	<u>SCRIPTURE:</u> <i>"O Lord, listen to my prayer and let my cry for help reach you"</i>	<u>SCRIPTURE:</u> <i>"to you glory and praise for evermore"</i>	<u>SCRIPTURE:</u> <i>"the Lord remembers His covenant for ever"</i>	<u>SCRIPTURE:</u> <i>"in my anguish I called to the Lord, and He heard my voice"</i>