

# St. Margaret Clitherow: evidencing the impact of the Primary P.E. and Sports premium 2020/21



Start children off on the way they should go, and even when they are old they will not turn from it.

Proverbs 22:6

The aims of our PESSPA offer are:

- For children to understand that we have all been given unique bodies and minds that can be developed through physical exercise and sport.
- to enable children to develop knowledge and explore physical skills with increasing control and co-ordination.
- to encourage children to work and play with others in a range of group situations.
- to create an inclusive environment where all can enjoy participation in P.E. and school sport.
- to teach children to recognise and describe how their bodies feel during exercise and fitness.
- to develop the children's enjoyment of physical activity through creativity and imagination.
- to increase children's ability to use what they have learnt to improve the quality and control of their performance.
- to develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.
- to develop communication and speaking and listening skills.
- to promote physical activity as something which can involve friends and family, inside and outside of school.

## Budget breakdown

Total amount carried over from 2019/20	£0
Total amount allocated for 2020/21	£18,030
How much (if any) do you intend to carry over from this total fund into 2021/22?	£3,710
Total amount allocated for 2021/22	£21,280
Total amount of funding for 2021/22. To be spent and reported on by 31st July 2022.	£21,280

**Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school.**

Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:		Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:
For our pupils and parents to acknowledge PESSPA as a key component of a healthy lifestyle.	<p>Our fitness coach offers a fitness session per week for all pupils from years 1 to 6.</p> <p>SEND children are given differentiated targets (if required) during fitness sessions/</p> <p>External Provider (First Grade Sport) provide a high-quality P.E. curriculum for all classes from foundation up to year 6.</p> <p>Investment in sets of skipping ropes to be used at break times and lunch times.</p>	<p>£9,500</p> <p>£4500</p> <p>£191</p>	<p>Fitness sessions were offered weekly for pupils and parents during lockdown. This aided children’s ability to stay physically and mentally fit during school closures. Pupils can articulate what a healthy lifestyle is and apply this.</p> <p>47 different KS2 children (Over 40% of the total) have participated in our afterschool sports provision.</p> <p>Over 50 children were regularly engaged in the skipping competition over the course of its 7 week time span.</p>	<ul style="list-style-type: none"> <li>• Continue to offer inclusive yet challenging timetabled fitness sessions for all pupils across both Key Stages 1 and 2.</li> <li>• To offer a larger range of options in addition to the existing multi-sports club, football club and Irish Dancing to pupils.</li> <li>• To develop tangible rewards for those skipping regularly and engaging in physical activity through choice.</li> </ul>

## Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement.

Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
To maximise PESS opportunities and continue to provide a range of physical activities, which inspire pupils to aspire to achieve personal targets.	Investment in skipping ropes for each class to be used at break times and lunch times.  Trophies bought for house point and class winners of half-termly competition.	£191  £120	Over 50 children engaged in the skipping competition over the course of its 4-week time span. Many saw improvements in their performance over time.  Pupils motivated to participate in physical activities to earn points for their class and their house.  Children are able to articulate the health and social benefits of being physically active.  Evidence also includes:  - Photos displayed on school Twitter page - Intra-school competition results being displayed in classrooms.	<ul style="list-style-type: none"> <li>• To develop tangible rewards for those regularly engaging in competitive and non-competitive physical activity.</li> <li>• To invest in individual medals for pupils excelling in PESSPA.</li> <li>• To create a range of competitions which target/engage children identified as noticeably inactive during the school day.</li> <li>• Develop the leadership skills of pupils – aim to give them the opportunity to organise competitions.</li> </ul>

### Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Staff should see P.E. as an important component of a broad and balanced curriculum and offer additional P.E. and physical activity sessions where opportunities arise.	External Provider (First Grade Sport) provide a high-quality P.E. curriculum for all classes from foundation up to year 6. Teachers observe lessons as ongoing CPD.	£4,500	Curriculum coverage is broad and balanced. Pupils from Nursery to year 6 receive Specialist Sports Coach PE provision. Teachers after observing lessons develop the knowledge and confidence to guide pupils to achieving within a lesson.  In the rare absence of our sports Coach, staff have felt confident to lead their own P.E. sessions and games activities.	<ul style="list-style-type: none"> <li>Staff to become much more involved in the assessment process.</li> <li>School staff to lead sessions as part of the nationwide initiatives such as Sports Week and Sports Relief.</li> </ul>

### Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.

Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:

<p>To develop an inclusive curriculum where participation is celebrated as much as competition.</p>	<p>Offer specific sport extra-curricular clubs after school, in order for children to nurture and develop their interests.</p>	<p>£4,500</p>	<p>A wide range of sports from outside of the curriculum (curling, dodgeball, etc) are offered to KS2 children as part of a multi sports club.</p> <p>Sports Day this year included unconventional activities (which were practised pre event) as well as the running, throwing and jumping disciplines.</p> <p>Over 20 children each week engage in Irish dancing sessions on a Thursday evening after school.</p>	<ul style="list-style-type: none"> <li>• Maintain the range of after school clubs ran by First Grade Sport and school staff. These have been popular with KS2 children.</li> <li>• To have the Sports Leaders helping to deliver events across the school post pandemic.</li> <li>• To work with external organisations, who can offer a range of activities such as bikeability and fencing inside and outside of school time on our premises.</li> </ul>
	<p>Irish Dancing sessions offered by our fitness coach, who is also a former professional dancer.</p>	<p>£0</p>		

## Key indicator 5: Increased participation in competitive sport.

Intent	Implementation		Impact	Sustainability and suggested next steps:
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Increase the number of pupils participating in sporting competitions and improve performance in the result tables.	Entry to the city-wide Sporting Superstars competition.	£0	<p>Due to the pandemic, it hasn't been possible to enter any external, off-site competitions this year.</p> <p>The Year 5 and year 6 cohort both managed to reach the final of a city-wide competition, with the year 5 class finishing in 1<sup>st</sup> place.</p> <p>Over 50% of the KS2 pupils represented the school in</p> <p>An intra-school house competition began.</p> <p>All pupils engaged in 8 competitive activities during this years 'bubble only' Sports Day.</p>	<ul style="list-style-type: none"> <li>• To develop regular intra-school competition to where there is at least one competition per term linked to the school house system.</li> <li>• Post COVID restrictions, we will be able to compete in much more inter-school competition.</li> <li>• Entering more events will allow children throughout all year groups to experience sporting competition at their level.</li> <li>• Build on the competitive element of this year's house competitions and Sports Day.</li> <li>• Buy the needed equipment to start new competitions.</li> </ul>

## Meeting national curriculum requirements for swimming and water safety.

Swimming is offered to all year 4 pupils within our school. Our current year 6 cohort swam for a 12-week period in both year 3 and year 4.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2020. Please see note above	76%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above	73%
<b>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</b>	82%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes/ <b>No</b>

## 2020/21 year review.

The 2020/2021 academic year has been an extremely challenging year for PE, school sport and physical activity. Despite all the restrictions, we have enabled PE and school sport to continue throughout lockdown and when the children returned to school. Our fitness coach and external coach continued to offer a range of activities to our pupils both on site and online during the pandemic and this has helped to keep PESSPA included as an important component of our schools offer to pupils and parents.

Sadly, we have been very limited in being able to invite visitors and external companies in to school to offer a range of broad opportunities through physical activity. This has made it very difficult to deliver our intention for Key Indicator 4. Also, due to restrictions, it hasn't been possible to involve our children in inter-school competition or to offer a school trip with a sporting element. Next year we aim to significantly increase our entry to competitions.

