

By Aspens

Option 1

Jacket

Potatoes

Packed

Lunch

Spring / Summer 2022 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7 WEEK ONE

MONDAY	
Authentic	
Italian	

BBQ Chicken Pizza Veg sticks

Option 2 Margherita Pizza

Veg sticks

Tuna Mayo

Cheese

Cream

Warm Pineapple The Finale with Vanilla Ice

TUESDAY Family

Faves

Beef Burger in a Bun Oven Baked Wedges

Coleslaw Super Veggie Burger

in a Bun Oven Baked Wedges Coleslaw

Cheese

Sticky

Gingerbread

Cake

WEDNESDAY Backing **British**

Roast Gammon Roasties and Fresh Vegetables Gravy

Veggie Sausage & **Summer Veg Traybake**

Roasties and Fresh Vegetables Gravy

Chocolate

Brownie

THURSDAY Food

Chicken Tikka Biryani Wholegrain Rice Coconut Green

Roasted Sweet Potato Dhal Wholegrain Rice Coconut Green

Beans

Beans

FRIDAY Fun Day **Festival**

> **Fish Fingers** Pollock Chips and Baked Beans

Baked Beans & **Vegetable Dippers** Chips

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Tuna Mayo Cheese **Cheese and Beans**

Tuna Mayo

Tuna Mayo Ham

> **Strawberry Mousse** with Peach

Cheese

Oat Cookie

Fresh Fruit and Salad available every day

Meat Veggie Jacket Potato Packed Lunch



By Aspens

Spring / Summer 2022 21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7 WEEK

MONDAY **Authentic** Italian

Creamy Chicken Pasta Bake Whole Grain Penne

Green Salad

Garlic Slice

TUESDAY

Family **Faves**

BBQ Pulled Pork & Mash Carrots

WEDNESDAY

Backing **British**

Roast Chicken & Stuffing Roasties and

Fresh Vegetables Gravy

THURSDAY Food

Festival

Beef Lasagne Potato Wedges Rainbow Slaw

FRIDAY Fun Day

Baked Breaded Fish

Chips and Mushy Peas

Option 2

Option 1

Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad

Baked Bean & Veggie Sausage **Cowboy Pie** Carrots

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Cheese & Spring **Onion Pastry Slice** Roasties and

Fresh Vegetables Gravy

Veggie Nachos & Cheese

Potato Wedges Rainbow Slaw

Carrot & Potato Cakes Homemade Tomato sauce

> Chips and Mushy Peas

V

Jacket **Potatoes**

Cheese

Tuna Mayo

Cheese and Beans

Cheese

Tuna Mayo

Packed Lunch

Tuna Mayo

Cheese

Chicken Mayo

Cheese

Egg Mayo

The Finale

Peach Puff Pastry Rice Krispie Cakes Slice & Custard

Chocolate & Marshmallow Cake

Apple Pie & Custard

Fruity Flapjack

Fresh Fruit and Salad available every day

V Veggie

Jacket Potato Packed Lunch



By Aspens

Spring / Summer 2022 28/2, 21/3, 11/4, 2/5, 23/5, 13/6, WEEK THREE

MONDAY

Authentic Italian

4/7,

Meatball, Pasta & Garlic Bread Traybake

Sweetcorn.

TUESDAY

Family Faves

Sticky Baked
Bangers & Mash
Green Beans
Gravy

WEDNESDAY

Backing British

Roast Chicken & Stuffing Roasties and

Roasties and Fresh Vegetables Gravy THURSDAY Food Festival

Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli FRIDAY Fun

Fish Fingers
Pollock
Chips and

Peas

Day

Option 2

Option 1

Tomato & Mozzarella Gnocchi

> Garlic Slice Sweetcorn v

Sticky Veggie Bangers & Mash

Green Beans Gravy v **Quorn Roast**Roasties and

Fresh Vegetables Vegetables

Crunchy Topped Macaroni Cheese

Broccoli

Veggie Croquettes

v Chips and Peas v

Jacket Potatoes

Cheese

Tuna Mayo

Cheese

Cheese and Beans

Cheesa

Packed Lunch

Tuna Mayo

Cheese

Ham

Chicken Mayo

Cheese

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee
Pudding &
Custard

Vanilla Sprinkle Sponge Apple Crumble with Custard

Ginger Cookie

Fresh Fruit and Salad available every day

Meat

Veggie

Jacket Potato
Packed Lunch