

Autumn / Winter 2022 / 23  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?

MONDAY

Authentic  
Italian

TUESDAY

Family  
Faves

WEDNESDAY

Baking  
British

THURSDAY

Food  
Festival

FRIDAY

Fun  
Day

**Beef Bolognese**  
 With Wholegrain  
 Penne Pasta, Garlic Bread  
 & Green Salad

**Sausage & Mash**  
 Sausage , Creamy Mash  
 & Baked Beans

**Roast Chicken**  
 Crispy Roasties &  
 Fresh Veggies &  
 Gravy

**Mild Chilli Beef & Cheese  
 Homemade Nachos**  
 Oven Baked Potato  
 Wedges & Sweetcorn

**Golden Fish  
 Fingers**  
 Chips & Baked Beans

**Veggie Bolognese**  
 With Wholegrain Penne  
 Pasta, Garlic Bread &  
 Green Salad

**Veggie Sausage & Mash**  
 Veggie Sausage,  
 Creamy Mash  
 & Baked Bean

**Cheese, Veg & Spinach  
 Puff Pastry Roll**  
 Crispy Roasties &  
 Fresh Veggies & Gravy

**Cheese & Veggie  
 Homemade Nachos**  
 Oven Baked Potato  
 Wedges & Sweetcorn

**Vegetable Fingers**  
 Chips & beans

Cheese

Cheese & Beans

Cheese

Cheese & Beans

Cheese

Cheese

Tuna mayo

Cheese

Chicken

Cheese

**Toffee Apple Slices**  
 topped with  
 Vanilla Ice Cream

Sticky Toffee Pudding

Golden Syrup Sponge

**Pineapple Upside Down  
 Cake**

Oaty Cookie



**FOOD  
FESTIVAL**  
 By Aspens

AVAILABLE  
EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



Week  
One

Autumn / Winter 2022 / 23  
 12/9, 3/10, 24/10, 14/11,  
 5/12, 26/12, 16/1, 6/2

# What's On The Menu?

**MONDAY**  
 Authentic Italian

**TUESDAY**  
 Family Faves

**WEDNESDAY**  
 Baking British

**THURSDAY**  
 Food Festival

**FRIDAY**  
 Fun Day



## Meat Free Monday!

Choose either our tasty Margherita Pizza or our Veggie Supreme

Served with Pasta Salad & Mixed Crudites



## Classic Beef Burger

in a Bun with Oven Baked Wedges & Garden Peas

**Super Veggie Burger**  
 in a Bun with Oven Baked Wedges & Garden Peas

## Roasted Gammon Joint

Crispy Roasties, Fresh Veggies & Gravy

**Veggie Sausage & Root Veg Traybake**  
 Crispy Roasties, Fresh Veggies & Gravy

## Chicken tikka Biryani

Carrots & Peas

**Vegetable Biryani**  
 Carrots & Peas

## Golden Fish Fingers

Chips & Baked Beans

**Crispy Vegetable Fingers**  
 Chips & Baked beans



Cheese

Cheese & Beans

Cheese

Cheese & Beans

Cheese



Cheese

Tuna Mayo

Cheese

Ham

Chicken Tikka



Jelly & Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

**FOOD FESTIVAL**  
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23  
19/9, 10/10, 31/10, 21/11,  
12/12, 2/1, 23/1, 13/2

# What's On The Menu?

MONDAY

Authentic  
Italian

TUESDAY

Family  
Faves

WEDNESDAY

Baking  
British

THURSDAY

Food  
Festival

FRIDAY

Fun  
Day



The Main  
Event



Meat Free  
Magic



Jacket  
Bar



Packed  
Lunch  
Station



Dessert  
Stop

**Cheese & Tomato Pizza  
Melt Baguette**  
with Wholegrain Pasta &  
Sweetcorn Salad

**Tomato & Mozzarella  
Gnocchi Traybake**  
with Wholegrain Pasta &  
Sweetcorn Salad

Cheese

Cheese

Italian Sticky  
Orange Cake

**Toad in the Hole**  
with Creamy Mash, Green  
Beans & Gravy

**Quorn Toad in the Hole**  
with Creamy Mash, Green  
Beans & Gravy

Cheese & Beans

Tuna Mayo

Chocolate  
Oat Cake

**Roast Chicken & Sage &  
Onion Stuffing**  
with Crispy Roasties & Fresh  
Veggies & Gravy

**Cheese & Onion Quiche**  
with Crispy Roasties, Fresh  
Veggies

Cheese

Cheese

Vanilla Sprinkle Sponge

**Chicken Nuggets**  
with Oven Baked Wedges &  
Broccoli

**Crunchy Topped  
Macaroni Cheese**  
with Oven Baked Wedges &  
Broccoli

Cheese & Beans

Cheese

Jelly & fruit

**Golden Fish  
Fingers**  
Chips & Baked Beans

**Baked Beans &  
Vegetable Fingers**  
Chips

Cheese

Chicken

Shortbread

**FOOD  
FESTIVAL**  
By Aspens

AVAILABLE  
EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



Week  
Three