



St. Margaret Clitherow
Catholic Academy

RSHE & PSHE
Curriculum Overview
EYFS – Year 6

	Advent 1 Created and loved by God	Advent 2 Created to Love Others	Lent 1 Created to Live in Community	Lent 2 British Values	Pentecost 1 Economic Well-being	Pentecost 2 Transition
Nursery	Handmade with Love I am me Heads, shoulders, knees and toes Ready Teddy?	Role model Who's who? You've got a friend in me Forever friends	God is love Loving God, loving others Me, you, us	My voice Getting along Feelings Everyone is special	Developed through continuous provision in Maths and Role Play areas	Developed within transition sessions and in role play area towards the end of the school year
Reception	I like, you like, we all like All the feelings! Let's get real Growing up New people, new places Classroom shorts	What is the internet? Playing online Safe inside and out My body, my rules Feeling poorly People who help us	When I grow up... Classroom shorts Money doesn't grow on trees Classroom shorts	Fairness and opinions Belonging Uniqueness Welcoming others		
Year 1	Let the children come I am unique Girls and Boys Clean and Healthy (My Body) Feelings, Likes and Dislikes	God loves you Special People Treat Others well... ...and say sorry Real life Online Rules to Help Us	Three in One Who is my Neighbour? The Communities we Live In	Democracy Rule of Law Individual Liberty Mutual Respect, Tolerance and Diversity	What is money? Keeping money safe What is a bank? Spending and saving Jobs in schools Jobs out of schools	Strengths and Transition
Year 2	Feeling inside out Super Susie gets Angry The Cycle of Life Beginnings and Endings Change is all around	Good and Bad Secrets Physical Contact Harmful Substances Can you Help Me? (Part 1) Can you Help Me? (Part 2)	Who will I be? Classroom shorts - Dress up Needs and wants Classroom Shorts - Because	Democracy Rule of Law Individual Liberty Mutual Respect, Tolerance and Diversity	Where does money come from? Exploring needs Exploring wants Bank cards and accounts	Transition
Year 3	Get up! The Sacraments We don't have to be the same What am I feeling? What am I looking at? I am thankful	Jesus my friend Family, friends and others.. When things feel bad Sharing online Chatting online Classroom shorts	A community of love What is the church?	Democracy Rule of Law Individual Liberty Mutual Respect, Tolerance and Diversity	How can we pay for something? Budgeting Understanding feelings about money Impact of spending Career quest Can anyone be anything?	Coping Strategies
Year 4	Respecting our bodies What is puberty? Changing bodies Life cycles A time for everything Big changes, little changes	Safe in my body Drugs, alcohol and tobacco First Aid Heroes Rights and Responsibilities Classroom Shorts - ...we're all different!	How do I love others? Working together Classroom shorts – We are called! Money matters Classroom shorts – Spend or save?	Democracy Rule of Law Individual Liberty Mutual Respect, Tolerance and Diversity	Value for money Keeping track of money Looking after money Influences on career choices Changing career Workplace equality	Setting Goals
Year 5	Calming the storm Gifts and talents Girls' bodies Menstruation Boys' bodies Spots and sleep Body image	God is calling you Under pressure Do you want a piece of cake? Sharing isn't always caring Cyberbullying Classroom shorts – Content Consumers	The Holy Trinity Catholic Social Teaching	Democracy Rule of Law Individual Liberty Mutual Respect, Tolerance and Diversity	How can we make our money stretch further? How should I budget for the week? Borrowing and loaning Risks handling money online Why challenge workplace stereotypes? Finding a suitable career	Roles and Responsibilities
Year 6	Peculiar feelings Emotional changes Seeing stuff online Making babies (1&2) Hope beyond death Coping with change Classroom shorts – Starting Secondary School	Self-talk Build others up Classroom shorts Types of abuse Classroom shorts – Recognise/Respond Impacted lifestyles Classroom shorts – What we know now/Passive Smoking, Vaping and Quitting Making good choices Giving assistance	Reaching out The world of work Classroom shorts – Always learning/Being SMART Money and me Classroom shorts – It's not fair/Let's talk about tax!	Democracy Rule of Law Individual Liberty Mutual Respect, Tolerance and Diversity	Navigating feeling about money Keeping money safe Imagining our financial future The risks of gambling Workplace environments Career routes	Dealing with Change

	Additional coverage				
Safety	<p>Anti-bullying week</p> <p>During this week, the children will explore what is meant by bullying and the different forms of bullying. They will develop strategies to help to overcome any similar problems in the future.</p>	<p>Computing Curriculum</p> <p>At the start of each year, all children complete a unit all about E-safety.</p>		<p>Road Safety</p> <p>Each year, our children take part in a road safety initiative during which they learn about staying safe out on the roads.</p>	
Family and Relationships				<p>Rainbows Bereavement Counselling</p>	<p>ELSA</p>
Health and Wellbeing	<p>Mental Health Days</p> <p>We highlight the importance of taking care of our mental health by celebrating each Mental Health day. We embrace the focus and take a day off timetable to rest and prioritise our mental health.</p>	<p>Mental Health Sessions</p> <p>Some of our children need additional support with their mental well-being and are therefore provided with additional 1:1 sessions with our trained staff members.</p>	<p>Wellbeing Warriors</p>		
Citizenship	<p>British Values Day</p> <p>A day dedicated to the British Values. The children are given a chance to explore in more depth what the British Values are, examples in real life and learn how they directly impact us today.</p>	<p>Mini Vinnies</p> <p>Our specially trained team are dedicated to tackling poverty in all forms. Our Mini Vinnies meet to pray, discuss and support however they can to help make a difference in their communities.</p>	<p>Culture Day</p> <p>The children are invited to come into school wearing clothes from their own culture and take part in activities celebrating different cultures around the world.</p>	<p>School Council</p>	<p>Eco Warriors</p>
Economic Wellbeing	<p>Enterprise Week</p> <p>During this week, the children work together in classes to plan, make and sell a new product.</p>				

Foundation 1

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know we have been created by God as His children and are special	To know we are part of God's family and we should care for others as He does	To know that being made in God's image means being called to be loved and love others	To know we all have a voice		
I can listen to the story	I can join in with creative activities	I can talk about God the Father, Son and Holy Spirit	I can give my opinion		
I can recall parts of the story	I can join in with class discussions	I can join in discussions about showing love	I can listen to other opinions		
I can say what I know about the creation story	I can share ideas of how to love others	I can take part in a Scripture hunt	I can show teamwork		
Vocab: creation God dark still light daytime night-time sky sea land sun moon stars	Vocab: Bible story God's family Jesus role model example love	Vocab: Holy Trinity God Father Jesus Holy Spirit	Vocab: fair voice opinion		
To know we are each unique because we are made in God's image	To know special people and why it's important to have people we trust	To know what a community is and that God calls us to live in community with each other	To know why we need to get along		
I can listen in discussions	I can engage with the film	I can listen to the scripture	I can say what is right		
I can join in discussions	I can join in discussions following the film	I can join in with discussions and song	I can say what is wrong		
I can say something which makes me unique	I can contribute within the sorting activity	I can share ways we can care for the community	I can talk about rules I know		
Vocab: similar different same unique special God's children love likes dislikes gifts talents skills	Vocab: family friends teacher priest special people trust love care God's family	Vocab: community school friends family neighbours	Vocab: Rule of Law rules right wrong		
To know my body is made by God and the names of the different parts	To know that my behaviours can affect others		To know how I feel		
I can join in movements to make my body move	I can engage in discussions		I can name different feelings		
I can join in with songs about my body	I can talk about what makes a good friend		I can talk about different situations linked with different feelings		
I can name parts of the body	I can talk about why bullying and teasing is wrong		I can talk about how I feel		
Vocab: head hair eyes ears mouth shoulders back arm fingers thumb nose hand elbow leg foot knees toes	Vocab: friend mistakes forgiveness inappropriate good/bad friend Jesus		Vocab: unique special feelings		
To know that our bodies are good and we need to look after them	To know that when we are unkind, God would want us to say sorry		To know that everyone is special		
I can listen to the story and answer questions	I can listen to the story and talk about it		I can identify similarities in people		
I can talk about why my body is good	I can talk about things which are unkind		I can identify differences in people		
I can give ways we can look after our bodies	I understand the importance of saying sorry		I know we are all unique, made in the image of God		
Vocab: diet exercise sleep keeping clean brush teeth flush the toilet wash hands brush hair	Vocab: friend, kind, unkind, sorry, forgiveness, mistakes, courage		Vocab: Diversity unique similarities differences		

Foundation 2

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know that we all have similar tastes but different needs	To know the internet helps us with lots of things, but only Jesus can help us with everything	To know God has given us strengths and talents to do His work	To know more about making things fair		
I can engage with the story	I can talk about how the internet connects us with others	I can talk about different jobs	I can give my opinion		
I can answer questions about the story	I can think about life online	I can think about how jobs help us to look after our world	I can listen to other opinions		
I can talk about my own likes and dislikes	I can think about how only Jesus can help us with everything	I can think about strengths needed for different jobs	I can show teamwork		
Vocab: likes dislikes similar different	Vocab: internet connect computer laptop phone tablet careful trust	Vocab: work jobs pay for things provide needs God's plan strengths gifts talents	Vocab: fair, voice, opinion		
To know how to describe my feelings and what they mean	To know safe and unsafe situations online and how to ask for help	CLASSROOM SHORT	To know where we belong in society		
I can engage with the story and answer questions	I can join in discussions about safe and unsafe situations online	Who do you want to be?	I can talk about communities I belong to		
I can name different feelings and what causes them	I can talk about how to stay safe online		I can say how we can care for each other in communities		
I can consider other people's feelings	I can name people I trust to talk to when I don't feel safe		I can think about why it's important to care for communities		
Vocab: feelings happy sad worried angry upset	Vocab: internet safe unsafe trust		Vocab: Rule of Law community rules		
To know that we have choices and these choices can impact how we feel and respond	To know safe and unsafe situations indoors and outdoors	To know that money helps us to buy things we need, but that God's love is our most important need	To know there is only 1 me!		
I can engage and join in with the story	I can engage with the story and answer questions	I can engage with the story and teacher-led discussions	I can talk about how I feel		
I can answer teacher-led questions about friendship	I can talk about ways to stay safe	I can think about things we want and things we need	I can think about the things I need		
I can say sorry, just as Jesus taught us	I can name a special person who I can ask for help	I can talk about using money to buy the things we need	I can make decisions		
Vocab: feelings actions consequences sorry forgiveness	Vocab: accident safe unsafe inside outside	Vocab: want need money coin note buy save price	Vocab: unique special feelings decisions		
To know the natural stages through life	To know parts of my body are private and should only be shown to those we trust	Classroom Shorts – Chocolate bar	To know how we can welcome others		
I can engage with the story	I can name body parts which are private		I can talk about how people are the same		
I can name the different stages of life	I can engage in discussions about how to stay safe		I can talk about how people are different		
I can answer teacher-led questions about the stages of life	I can name special people I trust who I can share any troubles with		I can show respect to those who are different to me		
Vocab: growing changing baby toddler child teenager adult God's plan	Vocab: safe boundaries unacceptable privates are private underwear		Vocab: Diversity unique similarities differences respect		
To know that change is a part of growing up and God is always there to help us	To know medicine helps us to care for our bodies as God wanted us to do				

I can engage and answer questions about the story	I can identify medicines and know they are not sweets
I can talk about changes which I have experienced	I can talk about how medicines help our bodies when we are poorly
I can talk about how change makes me feel	I can answer questions about different medicines
Vocab: changes feeling experiences transition God's plan	Vocab: medicine tablets needles poorly doctor

Year 1

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know that we are individually created by God and as His Children, we should love and serve Him	To know that saying sorry is important and can mend friendships	To know God is the Father, Son and Holy Spirit	To know why being fair is important and this is known as Democracy	To know what money is and how it helps us	To know my own strengths and prepare to move to a new class
I can engage with the story and discussions	I know that God wants us to love others as He loves us	I can engage in the story and discussion	I can express my opinion and begin to justify it	I can identify different coins and notes	I understand that everyone has different strengths
I can talk about the examples God has shown us	I can listen to and talk about the parable of The Prodigal Son	I know what makes up the Holy Trinity	I know that all opinions matter	I can observe that coins and notes have different values	I can explain some of the skills I have developed in Year 1
I can give examples of how we can give thanks to God	I can reflect on the parable and what this means to me	I can reflect on how being made in the image of God affects how we are expected to live	I understand the importance of teamwork	I can explain how money is used to buy things	I can identify positives and challenges of moving to a new class
Vocab: unique, special, individual, faith	Vocab: mistakes, forgive, sorry, God's love, sin	Vocab: Father, Son, Holy Spirit, Holy Trinity, sign of the cross	Vocab: Democracy, voice, fair, opinion	Vocab: buy, sell, coin, note, pound, penny, pay	Vocab: strength, skills, move
To know that I am unique	To know who the special people are around me that I can talk to	To know how I can make a difference in my own community	To know there are rules for living together and getting along	To know ways to keep coins safe	
To know that unique means to be individual	I can identify special people and what makes them special	I know what a community is and who is in my local community	I know what is right and wrong and can apply this to my life	I can recognise why it is important to keep money safe	
I can think about our similarities and differences	To know the importance of the nuclear and wider family	I can respond to the scripture of The Good Samaritan and think about my own neighbours	I understand the need for rules	I can explain what to do if I find money that does not belong to me	
I can say what talents/skills I have and know these make me special	To know the importance of being close to people who I can trust to talk to	I can talk about ways we can show love to all of our neighbours	I know there are rules we must live by in this country and what happens if we don't	I can identify ways to keep cash safe in different situations	
Vocab: unique, special, similarities, differences, individual, gifts, talents, skills	Vocab: family, friend, priest, special, loving, listen, safe, responsible adult	Vocab: community, neighbour, Holy Trinity, The Good Samaritan, love	Vocab: Rule of Law, right, wrong, rules, consequences	Vocab: cash, purse/wallet, safe, unsafe, money box	
To know that girls and boys have been created by God to be both similar and different	To know how my behaviour can affect others		To know my own needs, views and feelings	To know the purpose of banks and building societies	
I can name the body parts of girls and boys	To know the difference between appropriate and inappropriate behaviour		I can talk about how I feel and what I think	I can recognise that banks and building societies help keep money safe	
I can identify similarities and differences between girls and boys	I can talk about positive and negative relationships		I can respect the feelings and thoughts of others	I can discuss how having a savings account can help people save money	
I know that parts of the body are private	To know that teasing and different types of bullying is wrong		I can make my own decisions and be proud of them	I can explain how money is kept safe in an online account	
Vocab: similarities, differences, equal, penis, testicles, vagina, private	Vocab: behaviour, appropriate, inappropriate, bullying		Vocab: Individual Liberty, views, feelings, needs, decisions, proud, different	Vocab: bank, bank account, customer, deposit, safe, saving, withdraw	
To know my body is good and I need to look after it	To know how important it is to say sorry		To know people have things which make them unique and that we must respect them	To know the differences between saving and spending money	
I know what a healthy lifestyle is	I can recognise when I have done wrong and say sorry		I can identify similarities and differences between people (PCs)	I can explain the difference between spending and saving	
I know the importance of sleep, rest and recreation	To know when others are being unkind and how to respond		I know what makes me unique	I can suggest why someone would choose to spend or save money	
I can give examples to maintain personal hygiene	To know that God taught us to forgive, just as Jesus did		I know that we must respect differences in this country	I can share my own opinions about using money	
Vocab: healthy, balanced diet, sleep, exercise, hygiene	Vocab: fault, blame, forgiveness, responsible, sorry, feelings, trust, hurt, mistake		Vocab: Tolerance, Mutual Respect, similarities, differences, protected characteristics, unique	Vocab: choice, expensive, influence, save, spend, value	
To know that we have different 'tastes' but similar 'needs'	To know the internet connects us to others in many ways			To know the different job roles adults have in school	

I can talk about what I like and dislike	I can talk about why the internet is important
I can identify different feelings and what triggers them	I understand that our feelings matter, both online and offline
I know that we all have similar needs to live a healthy life	I know how to keep safe online
Vocab: likes, dislikes, feelings, love, respect, safe	Vocab: internet, online, e-safety, trust, rules
	To know safe and unsafe situations, including online
	I can engage in discussions about safe and unsafe situations, including online
	I know who I can talk to if I feel unsafe or uncomfortable online
	I know the importance of follow in rules to stay safe online
	Vocab: safe, unsafe, online, rules, trust, appropriate, block

I can explain what a job is
I can discuss the different ways people help me in school
I can identify ways that adults in school work together
Vocab: earn, interview, interviewee, job, responsibility, quality
To identify and describe different jobs
I can name different jobs that people do
I can talk about what people do in different jobs
I can create a drawing and write about my dream job
Vocab: career, dream, enjoyment, remote, responsibility, skills, workplace

Year 2

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know that feelings and actions are 2 different things	To know the difference between good and bad secrets	To know the different jobs in the community and the skills needed for each	To know why Democracy is important in our country	To know ways people receive money	To know what change is and that it is a part of life
I can engage in class discussions about the film	I can engage in discussions about good and bad secrets	I can talk about a variety of jobs within our community	I can express and justify my opinion	I can offer suggestions of the different ways people acquire money	I understand that change can bring mixed feelings
I can reflect on my own feelings and actions	I know who I can talk to if anything is troubling me	I can identify skills and talents needed for different jobs	I can make choices and respect the choices of others	I can discuss the benefits of different ways people receive money	I can explain positives and challenges of change
I know that my feelings and actions can form my character	I understand the importance of resisting pressure when I feel unsafe	I know that God gave us individual talents and we need to use them to support the community	I can begin to understand and respect the democratic process	I can discuss the drawbacks of different ways people receive money	I know who can help us to deal with change
Vocab: feelings, actions, choice, negative, positive	Vocab: secret, surprise, safe, unsafe, trust, threat, private	Vocab: job, work, community, equality, strengths, talents, skills, vocation	Vocab: Democracy, rights, opinions, respect	Vocab: benefit, earn, gift government, income, inheritance, job, source	Vocab: change feelings
To know simple strategies for managing feelings and maintaining good behaviour	To know the difference between safe and unsafe touches	Classroom shorts – Dress Up	To know the rules for living in our country	To know basic needs for essential healthy growth	
I can think about different feelings I have felt and how I behaved	I can explain the PANTS rule		I know what is right and wrong	I can discuss the different needs of myself and others	
I can suggest ways I could've changed my behaviour	To know how to tell someone to stop if I feel upset or uncomfortable with their behaviour		I know the consequences of breaking the rules set by law	I can recognise that needs vary among different living beings	
I understand that my behaviour has consequences	I can name someone I can talk to if I am worried or uncomfortable		I understand the need for rules	I can explain the importance of money in meeting people's needs	
Vocab: feelings actions, consequences, choice, mistakes, forgiveness	Vocabulary: surprise, safe touch, unsafe touch, PANTS rule, private parts, vagina, penis, testicles , secret, report, consent		Vocab: Rule of Law, rules, right, wrong, consequences, justice	Vocab: cost, food, growth, healthy, love, need, safe, secure	
To know there are natural life stages from birth to death	To know medicines are drugs, but not all drugs are good for us	To know that money is valuable and can be exchanged for needs and wants	To know Individual Liberty is celebrated in our country	To know how people decide what they want	
I can engage in discussions about the story	I know that I should only use medicines given by a trusted adult	I can talk about the difference between needs and wants	I know that we are each unique as individuals	I can identify the difference between wants and needs	
I can describe the stages of the human life cycle	I know that alcohol and cigarettes are harmful substances	I can discuss saving and spending choices	I can be sensitive to and respect the feelings of others	I can recognise how saving could help me get the things I want	
I can talk about my own development	I understand that God wants us to take care of our bodies and be careful with what we consume	I understand that God's love is more valuable than anything	I can make decisions and be proud of the decisions I make	I can explain why people have to prioritise needs over wants	
Vocab: different, similar, growing, changing, God's plan	Vocab: medicine, drugs, alcohol, cigarette, harmful, addictive, doctor, pharmacy	Vocab: needs, wants, exchange, value, spend, save, valuable	Vocab: Individual Liberty, unique, individuals, differences, similarities, respect, decisions	Vocab: buy, essential, gift, influence, priority, treat, want	
To know what death means and the feelings associated with it	To know what an emergency is and how to respond	Classroom Shorts- Because	I know to show mutual respect and tolerance to others	To know how bank accounts and cards help with managing money	
I can listen to/engage in conversations about experiences of death	I can identify different emergencies		I can identify and respect the similarities and differences between different groups	I can identify what a bank account is	
I can talk about different feelings caused by death and the importance of grieving	To know 999 is used for the police, fire and ambulance		I know there are protected characteristics and it is against the law to discriminate	I can identify what a debit card is	
I understand what the Christian faith says about Eternal Life	To know to call 999 in an emergency		I can engage in discussions to think about how we can ensure everyone is treated equally	I can name different types of bank accounts and discuss how people use bank accounts	
Vocab: beginning, ending, birth, death, heaven, grief, loss, hope	Vocabulary: emergency, police officer, fire brigade, ambulance, paramedic, 999 injury		Vocab: mutual respect, tolerance, equality, protected characteristics	Vocab: age restriction, bank account, cardholder, credit card, debit card, contactless	

I know that change is a part of life	To know how basic First Aid can be used in an emergency
I can identify different types of change	To know 999 is used for the police, fire and ambulance
I can take part in discussions about change and how change makes us feel	To know that First Aid can be used instead of calling 999
I know that God is with us as we change and grow	To know some basic First Aid techniques
Vocab: change, grow, seasons, life-cycle, growing up, moving on, transition	Vocabulary: 999, injury, help, sprains, burns, cuts, RICE

Year 3

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know that we are individually created by God in His own image and likeness	To know the importance of following Jesus' example of reconciliation and forgiveness	To know that we are made in the image of God – to love each other	To know the term Democracy and what it stands for	To know the advantages and disadvantages of different methods of payment	To know the strategies people use to cope with change
I can listen and engage in the story of Jairus' daughter	I can listen and respond to the story of the Prodigal Son	I understand the mystery of the Holy Trinity	I understand that we live in a democratic country	I can identify different methods of payment	I understand that there are different strategies I can use to deal with change
I understand that God wants us to love and make a difference	I understand the importance of reconciliation and forgiveness in relationships	I understand that the human family reflects the Holy Trinity in mutual charity and generosity	I know that we all have a right to have our say	I can compare different payment methods when used in different scenarios	I can explain the opportunities and responsibilities that change might bring
I can talk about ways we can live out our vocation	I understand that relationships take time and effort to sustain	I know I am made in the image of God, made to love others and God	I understand how the rule of law supports our country	I can decide which payment method would be more beneficial to use	
Vocab: God, Jesus, faith, difference, precious	Vocab: Prodigal Son, reconciliation, forgiveness, relationships	Vocab: Holy Trinity, community, mystery of faith, married, signs, symbols, merciful	Vocab: democracy, rule of law, rights, equality, fair	Vocab: account, advantage, cash, credit card, debit card, declined, disadvantage, digital wallet	Vocab: opportunity, responsibility, change, cope, strategies
To know the Sacraments and how they help us develop healthy relationships with others	To know the importance of strong friendships and strategies to use when things go wrong	To know the significance of the church community	To know our country has a Rule of Law and why this is important	To know why budgeting is important	
I understand Baptism is the welcoming to God's family	To know that there are different types of relationships	To know the church is made up of home, school and parish	I can follow and explain rules	I understand what a budget is	
I understand the importance of the Sacrament of Reconciliation	I can explain what is meant by a good relationship	I understand how this links to the Holy Trinity	I understand the importance of having rules to follow	I can explain that people send money in different ways	
I can think about how to use these Sacraments through my daily actions	I can explain strategies which may help when relationships break down	I can describe activities of the early church and compare those to modern day	I can talk about some rules we have to follow	I can recognise the benefits of budgeting	
Vocab: sacrament, Baptism, Reconciliation, conscience, commandments, forgiveness	Vocab: relationship, family, friend, half-brother/sister, aunt/uncle, grandparents, passed away, argument, adopted, God's family qualities forgiveness, respect, loyalty	Vocab: Holy Trinity, Mass, sacrament, community, worship, The Common Good, Stewardship	Vocab: rule of law, rules, justice, fair, equality, consequence	Vocab: benefit, budget, calculate, money, overspending, plan, ranking, record	
To know by living and working together, we can make a great community	To know that all types of bullying are wrong		To know how Individual Liberty is important in Britain	To know how money can impact feelings and emotions	
I understand there are similarities and differences between people	I understand what is meant by bullying and cyber-bullying		I understand that there are many similarities and differences within people	I understand that money can make us feel different emotions	
I understand that people are able to make different choices	I understand what is meant by physical and emotional abuse		I know that I am free to be me	I can explain what emotions someone might feel in different situations involving money	
I know that God wants us to show teamwork and embrace difference	To know how to respond to bullying or abuse		I can talk about how we can help others to be free to be themselves	I can explain how people might try and change their difficult feelings about a situation involving money	
Vocab: similarities, differences, unique, talents, skills, changeable, teamwork, community	Vocabulary: good/bad feelings, bullying, physical, emotional, banter, clique, pressure, resilience, harassment		Vocab: individual liberty, unique, similarities, differences, acceptance	Vocab: emotion, environment, feeling, impact, money, positive, respond, spending choice	
To know the importance of positive emotional well-being	To know that I have a responsibility to keep myself safe		To know how to show tolerance and mutual respect	To know how people's spending decisions can affect others and the environment	
I understand that emotions change as we grow up	I can explain how to use technology safely		I can think about groups who may feel pushed out	I understand that many things can influence how we decide to spend our money	
I can engage in discussions about different emotions and situations when we might feel them	To know that what we watch can have a negative impact		I can talk about ways to welcome everyone	I can identify positive choices people can make when spending	
I know that positive actions and being about to talk to a trusted adult, help to promote positive emotional well-being	To know how to report something online which is inappropriate		I understand the importance of accepting those who may be different from ourselves	I can explain why these things are positive	

Vocab: emotions, experience, well-being, uncomfortable	Vocab: safety, digital world, websites, apps, online, sharing, private, age restrictions, cyber bullying, trusted adult
To know how images online can affect people's self-esteem	To know the importance of staying safe when chatting online
I understand that images in the media are not always real	To know that bad language and bad behaviour online is unacceptable
I can engage in activities identifying real and altered images	To know the importance of being kind online
I understand how these can affect the way we feel about ourselves	To know how to report something online which is inappropriate
Vocab: media, newspapers, magazines, television, social media, influence, truth, reality, self-confidence	Vocab: sharing, online safety, trusted adult, danger signs, personal information, private
To know that some behaviour is unacceptable	
I can talk about behaviours which are wrong, unacceptable or risky	
I understand that resilience to pressures helps to avoid these behaviours	
I can identify things which I am thankful for	
Vocab: unacceptable, acceptable, risky, resilience, peer pressure, influence	

Vocab: tolerance, mutual respect, acceptance, welcome, respect, difference	Vocab: environment, factors, fair trade, impact, item, negative, positive, package
	To know the wide range of available jobs and opportunities
	I understand that there are many jobs available
	I can identify jobs I might want to do
	I can explain why I am suitable for a particular job
	Vocab: career, constructive, interest, future
	To know why anyone can aspire to be anything
	I understand that stereotypes exist for certain jobs
	I can explain why stereotypes in the workplace might exist
	I can challenge stereotypes in the workplace
	Vocab: assumptions, diverse, female, male, gender, limit, stereotype

Year 4

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know our bodies are a gift from God and we need to respect them	To know acceptable and unacceptable physical contact	To know God wants His church to love and care for others	To know the attributes needed to support Democracy	To know factors influencing value for money	To know how to create achievable goals before entering Year 5
I can engage with role play and take part in class discussions	I can identify acceptable and unacceptable types of physical contact	I can recognise actions which make us feel loved and cared for	I understand that we live in a Democratic country	I can define 'good value for money'	I can identify my achievement this year
I can talk about taking care of our bodies in what we wear, eat and do	I know about types of abuse, including abuse of private parts	I can create a personal list of ways we can put love into action	I can write a short speech about my attributes to lead a democracy	I can explain why people have different views on good value for money	I can set myself goals
I can explain why we need to take care of our bodies	I can name trusted adults to talk to for help	I understand that this is exactly how Jesus showed us to live out our lives	I can take part in a fair vote	I can identify factors which might affect buying decisions	I know who I can talk to if I am worried about anything
Vocab: body, gift, dis/respect, safe, healthy, in/appropriate, balanced diet, exercise, sensible, choice, responsibility	Vocab: safe, rules, boundaries, physical abuse, deliberate, on purpose, harm, injury, emotional abuse, criticising, threatening, shaming, abuse of private parts, inappropriate touching/viewing	Vocab: Church, care, love, noticed, respected, included, recognised, appreciated, secure, charity, caritas, Emmaus, homeless, companions, injustice, prayer	Vocab: democracy, democratic, attributes, speech, equality	Vocab: cheap, expensive, good value, justify, negotiate, perspective, poor value, price	Vocab: goal, achievement, change
To know puberty is God's plan for our bodies	To know the effects a range of substances can have of the body	To know there are many different jobs and types of work	To know why the Rule of Law is important in our country	To know the importance of monitoring money	
I understand what puberty means	I can identify harmful substances including drugs, alcohol and tobacco	I understand some of the factors which influence people's choices of work	I understand that our country is ran by a Rule of Law	I can track how much money has been spent	
I can talk about when puberty usually takes place	I understand that my body was created by God and I should take care of it	I can talk about my own interest, skills and gifts in relations to my job aspirations	I can think thoughtfully about why rules are needed	I can describe ways of tracking money	
I understand that this is a natural process which takes place as children become adults	I can talk about how these substances can cause harm	I know that God calls us to work together and share our gifts with the world	I can explain the importance of these rules to others	I can discuss reasons to track money	
Vocab: puberty, childhood, adulthood, development, body changes, emotions, gradual	Vocab: drugs, legal, medicine, illegal, recreational, doctor, pharmacy, alcohol, responsibility, moderation, addiction, smoking, tobacco, chemical, Nicotine, Carbon Monoxide, Oxygen, brain, heart, lungs, teeth, skin, blood, tar, cancer	Vocab: job, work, wages, salary, payment fulfilment, vocation, stereotypes, opportunities, goal setting, learning, life skills	Vocab: Rule of Law, rules, justice, fairness	Vocab: accessibility, bank account, bank statement, budget, credit card, debit card, feature, fees	
To know what happens to girls/boys bodies during puberty	To know basic first aid skills to help in an emergency	Classroom shorts – We are called!	To know why Individual Liberty is important	To know different ways of keeping money safe	
I can use the correct names for genitalia	I understand the need to stay calm in an emergency and call 999		I can choose words to describe my individual personality	I can suggest different places to keep money safe	
I can explain what happens to girls/boys bodies during puberty	I can engage with the film, discussions and role play activities		I can respect differences of others	I can recognise different money security measures	
I can answer questions and ask further questions if required	I understand that quick actions can save lives		I can think about what our country would be like without Individual Liberty	I can explain the importance of regular monitoring	
Vocab: puberty, childhood, adulthood, private parts, genitalia, penis, testicles, scrotum, vagina, breasts, hips, pubic hair, muscles, spots, sweat, hormones, mood swings, periods, blood	Vocab: First Aid, illness, injury, emergency, 999, doctor, paramedic, calm, RICE (rest ice compression elevation) collapse, fire, smoke, drowning, burn, difficulty, trust		Vocab: Individual Liberty, unique, difference, respect	Vocab: deposit, measure, monitor, password, piggy bank, safe, security, wallet	
To know how a baby is conceived and grown	To know it is our responsibility to follow rules at home, school and in our country	To know all forms of money have advantages and disadvantages	To know how to show Mutual Respect	To know how different factors can influence career choices	
I understand that I am handmade by God with the help of my parents	I understand that some rules are based on our rights	I can engage in active discussions	I can think about what people in Britain are like	I can identify different influences on career choices	
I can talk about how a baby is conceived and continues to grow in the mother's womb	I understand that our rights help to protect everyone and ensure everyone is treated equally	I can talk about money choices and how these can impact lives	I can talk about why it is important to show respect to everyone	I can describe a range of influences on career choices	
I understand how this fits into the circle of life	I know that our Gospel values promote dignity and equality	I understand how budgeting helps to keep track of spending and saving	I can explain how we can show respect, even when we disagree	I can explain how these influences could affect career choices	
Vocab: life before birth, childhood, puberty, adulthood, womb, egg, sperm, Fallopian tube, fertilised, conception, implantation, embryo, foetus, umbilical cord, birth	Vocab: rules, law, government, parliament democracy, rights, human rights, respect, dignity, equality, liberty, freedom, responsibility, compassion, discrimination diversity, protect	Vocab: money, cash, debit card, credit card, wants, needs, value for money, spend, save, give, priorities, budget, receipts, tracking	Vocab: mutual respect, respect, difference of opinion, disagree	Vocab: career, choice, decision making, job, influence, respond, scenario	

To know what death means	Classroom shorts - ...we're all different	Classroom shorts – Spend or save?		To know why people can have more than one career in their life
I can talk about what death means and the feelings associated with grief				I can give examples of people who have successfully switched careers
I understand what the Christian faith says about death and eternal life				I can identify factors that influence career changes
I can explore ways to support myself and others when grieving				I can evaluate the pros and cons of having more than one career
Vocab: birth, life, death, grief, dying, breathing, heart, life cycle, heaven, loss				Vocab: advice, benefit, challenge, change, emotion, future planning, passion, reason
To know that change is a part of life				To know how to challenge stereotyping in the workplace
I understand there are different types of change and the feelings associated with change				I can recognise stereotypes and how they might appear in the workplace
I know that God is always with us as we grow and change				I can identify instances where people in the past have overcome stereotypes
I can develop coping strategies to support myself and others				I can suggest positive actions to challenge stereotypes
Vocab: change, expected, unexpected, growing up, moving on, transition, manage emotions, constant support, coping strategies				Vocab: activist, advocate, challenge, disability, fairness, kindness, respect, role model

Year 5

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know that physically becoming an adult is a natural phase of life	To know how we can participate in God's call to love others	To know the three persons of the Holy Trinity	To know what democracy is and why it matters	To know how to prioritise needs over wants	To know the skills needed to take on responsibilities within school
I can engage with the stories and active discussions	I can respond to the scripture of God's conversation with Zaccheaus	I understand the Holy Trinity is made of God the Father, God the Son and God the Holy Spirit	I can explain what is meant by democracy	I can identify whether something is a need or want	I understand the skills needed to take on roles in school
I know that lots of changes take place during puberty and it's all part of God's plan	To know that God calls us to show love to others	I can talk about how the Holy Spirit works thorough us to share God's love and goodness with others	I can explain why democracy is important in Britain	I can discuss the benefits of focusing on needs	I understand that will roles comes responsibility
I understand the feelings which can be associated with changes	I can give examples of how I can show love to others	I can give ideas of how we can share God's love and goodness with others	I can take part in a democratic vote and make links to our voting system	I can create a simple budget that prioritises needs	I can explain the skills I have and those I need to develop
Vocab: faith, trust, confidence, power, calm, individual, doubts, troubles, fear, listen, possible, change, puberty, adult	Vocab: Zacchaeus, tax, rich, unpopular, dis/honest, needs, outlook, love others	Vocab: Holy Trinity, Father, Son (Jesus) Holy Spirit, mystery of faith, Good News, Creed, Church, God's family	Vocab: democracy, democratic, vote, polling station, fair, equality	Vocab: money-smart, need, prioritise, quality, stretch, thoughtful	Vocab: skills, responsibility, roles, role achievement
To know that by living and working together, we create community	To know how to identify and react to pressure	To know the basic principles of Catholic Social Teaching	To know why we have the rule of law	To know how to create a weekly budget	
I can engage in active discussions	I understand that pressure comes in different forms	I can describe the basic principles of Catholic Social Teaching	I can talk about the rule of law in Britain	I can identify different sources of income and expenditure	
I can talk about how similarities and differences arise as we change and grow	I understand the importance of resisting some pressures and that this can be challenging	I can engage in discussions about how I have been formed	I can think about how the rule of law started and continues to improve	I can prioritise my needs and wants	
I understand that self-confidence arises from being loved by God, not status	I can talk about a range of strategies for resisting pressure	I know that God formed us out of love and that I should share His love with others	I can imagine Britain without the rule of law and understand why it's important	I can allocate sums of money	
Vocab: similarities, differences, gifts talents, unique, accept, self-confidence, value, show off, jealousy, compare, community, faults, weaknesses	Vocab: pressure, peer pressure, body image, media, social media, expectations, teasing, banter, bullying resist, build resilience	Vocab: love, relationships, equality, justice, dignity, family, community, rights, responsibilities, solidarity	Vocab: rule of law, justice system, protection, fair, equality, rules	Vocab: allocate, budget, expenditure, freelance work, income, prioritise, resources, save	
To know the changes a girl's body experiences through puberty	To know what 'consent' and 'bodily autonomy' means		I can explore the right to freedom and individual liberty	To know the significance of borrowing and loaning money	
I understand the need to respect our bodies as a gift from God	I know that I have the right to consent		I understand that we all have rights in Britain	I can explain the difference between borrowing and loaning	
I know the changes which happen to girls as they become ladies	I know that I have the right to choose what happens to my body		I can explain the freedom of speech	I can give reasons why someone might borrow money	
I can respect the need for modesty and appropriate boundaries	I can discuss and reflect on different scenarios where it is right to say 'no'		I can talk about how we can encourage individual liberty	I can identify the consequences of borrowing money	
Vocab: hair growth, spurt, puberty breasts, nipples, hips widen, waist narrows, perspiration, oily skin, genitals vagina, uterus, menstruation, self-conscious, embarrassed, changing, respect, boundaries, private	Vocab: pressure, consent, permission, bodily autonomy, respect, control, decisions, dignity		Vocab: individual liberty, freedom of speech, equality, justice, fair, society	Vocab: borrow, consequence, decision, interest loan, repay, resources, situations	
To know what happens during the menstrual cycle	To know the importance of safe use of technology		To know we must show tolerance and mutual respect for diversity	To know the risks associated with handling money online	
I understand the process of the menstrual cycle	I understand that with increased independence comes increased responsibility to keep safe online		I can explain tolerance of others	I can identify different types of online financial risks	
I can explain some changes I will go through during puberty	I understand why bad things online can be bad for us		I understand that in Britain, we are expected to show mutual respect and welcome difference	I can describe some consequences of buying online	
I know who I can go to for help if I need it	I can explain what to do if ever i encounter inappropriate material or messages		I can write a poem to celebrate equality	I can suggest strategies for minimising online financial risks	
Vocab: Menstruation, period, ova, ovaries, egg, fallopian tube, uterus, womb, bleeding, lining, sanitary products, towels, tampons	Vocab: personal safety, digital world, communication, information, entertainment, email, search engines, websites, social media, online, age restrictions, sharing online, username		Vocab: tolerance, mutual respect, diversity, welcome, difference, equality	Vocab: caution, consequences, fraud, loss, misplace, risk, savings, theft	

To know the changes a boy's body experiences through puberty	To know what is meant by cyberbullying and how to respond
I understand the need to respect our bodies as a gift from God	I can explain what cyberbullying is and give examples of it
I know the changes which happen to boys as they become men	I can empathise with a victim of cyberbullying
I can respect the need for modesty and appropriate boundaries	I know where to get help if ever I am a victim of cyberbullying
Vocab: hair growth, spurt, puberty, shoulders widen, perspiration, oily skin voice breaking, genitals, penis, erections ejaculation, semen, urethra, nocturnal emissions, wet dreams, hormones, self-conscious, respect, boundaries, private	Vocab: online messages, chatting online, accuracy, distorted, misinterpreted, context, cyberbullying, bullying, banter block, delete, save, evidence, report, responsibility
To know how to make good choice which impact my health	Classroom shorts – Content consumers
I can engage in active discussions	
I understand that my health includes sleep, exercise, personal hygiene, avoiding overuse of electronic entertainment	
I can talk about how to take care of my own personal health	
Vocab: embarrassed, self-conscious, spots, sleep, exercise, personal hygiene screen time, gaming, addictive, protein shake, balanced diet, choice, impact, health, sun exposure, dental hygiene	
To know how to respond to pressures from others	
I understand that as I get older, I may be pressured to use drugs, alcohol or tobacco	
I know that I always have the right to say 'No' for all sorts of reasons	
I know that God made me and I should make the right choices to look after my health	
Vocab: pressure, choice, decision, conscience, uncomfortable, anxious, distressed, moderation, resilience, well-being	

To know how to challenge stereotypes in the workplace
I can recognise stereotyping and how this might happen in the workplace
I can identify examples of workplace stereotyping
I can suggest positive actions to challenge workplace stereotyping
Vocab: action plan, commitment, impact, kindness, scenario, stereotype, workplace
To know how personal interests and skills align with different careers
I can match my interests with professional skills
I can explain the importance of interests and skills when choosing a career
I can identify careers which align with my interests and skills
Vocab: align, essential, hypothetical, interest, optional, prioritise, selection, skill

Year 6

Advent 1 Created and Loved by God	Advent 2 Created to Love Others	Lent 1 Created to Love in Community	Lent 2 British Values	Pentecost 1 Economic Wellbeing	Pentecost 2 Transition
To know that emotions are not always good guides for action	To know how my thoughts and feelings can impact others	To know how to apply Catholic Social Teaching to current issues	To know what democracy is and why it matters	To know feelings around money and discuss their impact	To know that a big change can bring both opportunities and worries
I can talk about the range and intensity of emotions	I know that my thoughts or feelings can have negative and positive impacts on those around me	I can talk about a news story and say how it affects my own family	I can explain what is meant by democracy and why it's important in Britain	I can describe how money-related scenarios can make people feel	I understand that change can bring opportunity but also worry
I understand that some behaviours are wrong, unacceptable and unhealthy	I can develop strategies which will positively impact my actions	I can give examples of how I can help others in my community	I can write a short speech with ideas to support a better life for all	I can discuss how money can affect people's feelings and behaviour	I can explain some ways I can deal with change
I can give different ways to help manage these emotions in a healthier way	I can apply these approaches to personal friendships	I understand that by doing this, I am spreading God's love in the community	I can take part in a democratic vote and make links to our voting system	I can suggest healthy ways to manage feelings about money	I can explain some strategies I can use if I feel stressed or anxious
Vocab: appropriate, inappropriate, behaviour, actions, emotions thoughts, manage, reframe	Vocab: positive, negative, self-talk, thoughts feelings, actions, behaviour, pressure healthy relationships, expectations	Vocab: in/justice, dignity, family, community, participation, rights, responsibilities, poor, vulnerable, solidarity, protect, donate, compassion	Vocab: democracy, democratic, vote, speech, polling station, fair, equality	Vocab: continuum, cope, earnings, emotion, healthy, mortgage, pension, review	Vocab: change, worry, stress, anxious, opportunity
To know emotional changes during puberty	To know more about prejudice, bullying and discrimination	To know the process of getting a job and consider factors that influence job choices	To know why we have the rule of law and explore it's purpose	To know how to safeguard money in physical and digital environments	
I understand that puberty may change my feelings as well as my body	I can explain what prejudice, bullying and discrimination mean	I can consider jobs in different sectors and think about my own aspirations	I can talk about our rule of law and how it came to be	I can identify risks to money safety in physical environments.	
I understand that everyone is different and these differences are normal	I understand how these link to the Protected Characteristics set by law	I can see how stereotyping can affect work aspirations	I can explore the value of our rules	I can outline the dangers of using digital money.	
I know who I can talk to if I am worried about anything	I can give ways we can challenge prejudice, bullying and discrimination	I can challenge stereotypes	I understand the purpose	I can describe methods to safeguard digital and physical money.	
Vocab: appropriate, inappropriate behaviour, actions, emotions, thoughts manage, reframe, intense, crush, infatuation, puberty, hormones, mood swings, isolation, loneliness, mental-ill health, Childline	Vocab: bullying, prejudice, discrimination harassment, protected characteristics, age disability, race, marriage, civil partnership, pregnancy, maternity, religion, belief, dignity, respect, welcome, build others up	Vocab: job, work, employer, salary, employee, happiness, fulfilment, vocation, stereotypes, opportunities, aspirations, barriers, life skills, pathways, self-esteem, self-belief, vocation	Vocab: rule of law, justice system, protection, fair, equality, rules	Vocab: digital environment, bank statement, password, physical environment, risks, safeguard	
To know the impact of harmful videos on young minds	Classroom Shorts – Recognise/Respond	Classroom shorts – Always learning/Being SMART	I can explore the right to freedom and individual liberty	To know how money-related matters develop at secondary school	
I know the difference between harmful and harmless videos and images			I can talk about UN Children's rights	I can identify how managing money may be different in secondary school	
I understand the impact harmful videos can have on young minds			I can take part in a class debate	I can discuss the importance of budgeting in secondary school	
I know ways to combat and deal with viewing harmful videos and images			I can explore ways we can support each other's rights to live in freedom	I can outline the advantages of saving money	
Vocab: online, pornography, in/appropriate, addictive, emotional, brain, harmless, harmful, truth			Vocab: individual liberty, freedom of speech, equality, justice, fair, society, rights, debate, United Nations	Vocab: expenses, financial changes, institution, money management, part-time job, preparation, public transport, supplies	
To know basic scientific facts about sexual intercourse	To know there are acceptable and unacceptable types of contact	To know the hierarchy of need in regards to spending	To know we must show tolerance and mutual respect for diversity	To know the risks of gambling	
I can explain scientifically, sexual intercourse	I can explain what physical contact is and can give examples	I understand there are a wide variety of payment options	I can explain tolerance of others	I can define what gambling is and identify different forms of gambling	
I understand the physical, emotional, mental and spiritual implications of sexual intercourse	I know that I have the right to say no and that some physical contact is unacceptable	I understand the importance of budgeting and tracking spending/saving	I understand that in Britain, we are expected to show mutual respect and welcome difference	I can explain the risks and consequences associated with gambling	
I understand the Christian viewpoint is that sexual intercourse should be saved for marriage	I know to speak with a trusted adult if feeling worried	I know that God asks us to be good stewards of our money and resources	I can write a poem to celebrate equality	I can discuss responsible attitudes towards gambling	
Vocab: sperm, egg, erection, fertilise, conception, sexual intercourse, relationship,	Vocab: rules, un/safe, respect, bodily privacy, physical touch, in/appropriate, abuse, neglect,	Vocab: payment, cash, cheque, credit card debit card, bank transfer, online payment, loan, tracking, budget, receipts, saving goals, hierarchy of needs,	Vocab: tolerance, mutual respect, diversity, welcome, difference, equality	Vocab: consequences, debt, gambling, law-breaking, restrictions, responsible attitudes, risks, stressed	

pregnancy development, commitment, baby, love, care	physical abuse, emotional abuse, sexual abuse, secrets, rights, protection, law, intervene	poverty, wealth generosity, stewardship, tithing, charitable		
To know what death means and feelings associated with it	To know the effects drugs, alcohol and tobacco can have on the body	Classroom shorts – It’s not fair/Let’s talk about tax!		To know how different careers operate in a workplace
I can explain what is meant by death and grieving	I can identify a range of drugs, alcohol and tobacco			I can suggest places of work for various careers
I can name a range of emotions which can be felt by someone who is grieving	I can explain the impact these things have on someone’s health			I can explain how people work together in specific careers
I understand what the Christian faith says about death and eternal life	I know that my body is made by God and we should take good care of it			I can outline the roles and responsibilities in specific careers
Vocab: cemetery, heaven, eternal, mystery, wake, coffin, funeral, inquest obituary, burial, cremation, gravestone, epitaph, hearse, mourning, interment urn, grave, deceased, crematorium, life everlasting, Reception of the Body, Requiem Mass, memorial, organ donation grief pride	Vocab: drugs, alcohol, tobacco, legal, illegal, recreational, impact, lifestyle, lungs, cigarettes, chemicals, Nicotine, Carbon Monoxide, tar, organ damage, moderation, responsibility			Vocab: collaborate, employees, establishment, organise, professional, research, roles and responsibilities, teamwork
To know there are many emotions associated with change	Classroom shorts – What we know now/Passive smoking, vaping and quitting			To know different career routes and their requirements
I can name different life changes and emotions which link to them				I can identify different career routes in multiple sectors
I can develop coping strategies to help manage these emotions				I can suggest educational and skill requirements for a career
I know that God is always with me to help me through changes				I can discuss the advantages and disadvantages of career path
Vocab: celebrate, gratitude, memories thankfulness, change, transition secondary school, responsibility, opportunity, support, grief, challenges, coping strategies, communicate, resilience				Vocab: career routes, develop, educational/skill requirements, interests, potential, pros and cons, sectors
Classroom shorts – Starting Secondary School	To know how to respond to pressures from others			
	I understand that as I get older, I may be pressured to use drugs, alcohol or tobacco			
	I understand that I always have the right to say ‘No’ for all sorts of reasons			
	I know that God made me and I should make the right choices to look after my health			
	Vocab: pressure, choice, decision, conscience, uncomfortable, anxious, distressed, moderation, resilience, well-being			
	To know how the Primary Survey is used to help save lives			
	I can place a person in the recovery position and explain why this is important			
	I can recall DR ABC and what it represents			
	To know to call 999 in an emergency situation			
	Vocab: First Aid, casualty, injury, emergency services, recovery position, un/conscious, DR ABC (Danger Response Airway Breathing Circulation) Defibrillator, hazards			